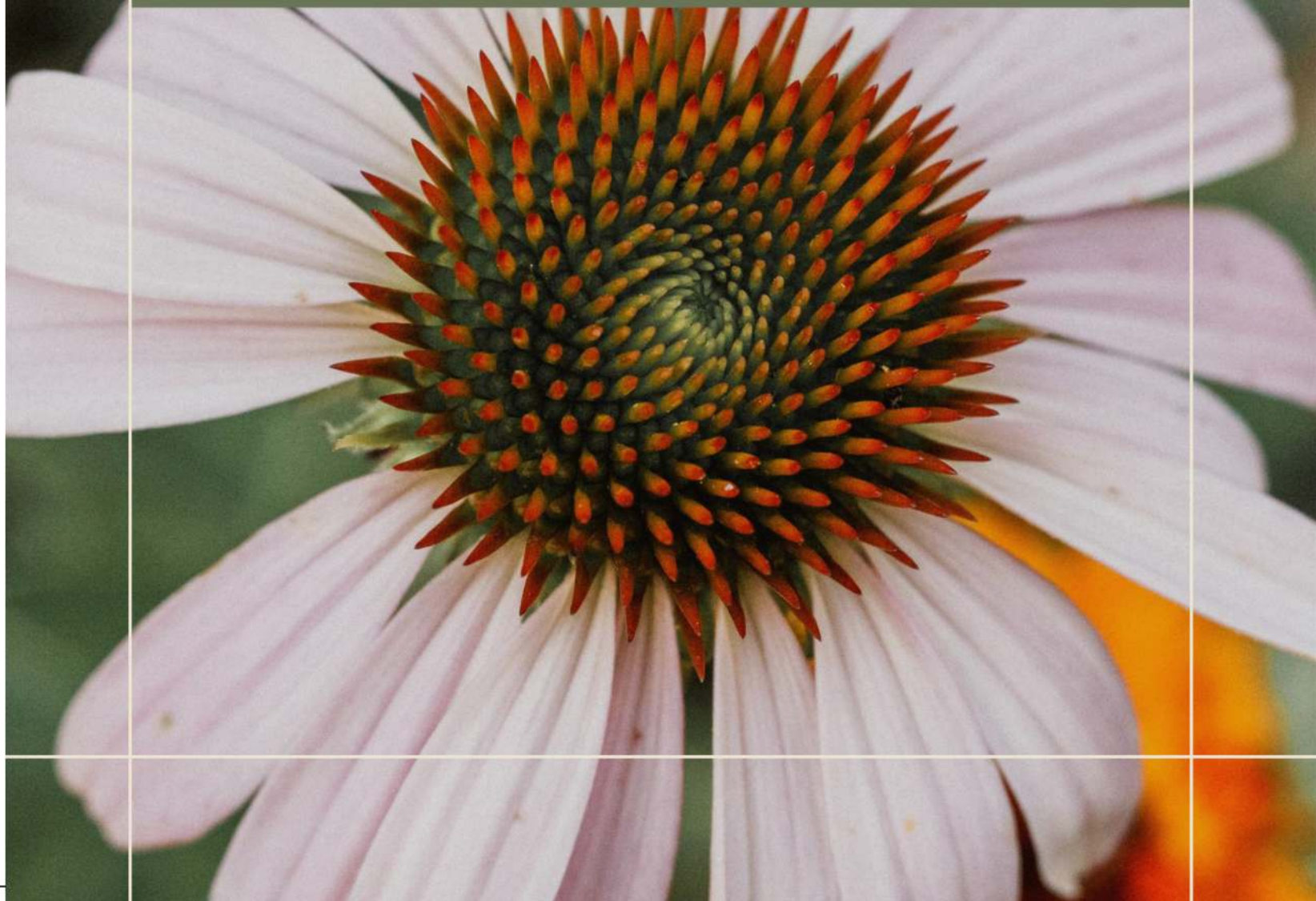


The School of
Evolutionary
Herbalism

PART III:
THE HERBAL
MONOGRAPH TEMPLATE

THE HERBAL MONOGRAPH MAP





THE HERBAL MONOGRAPH TEMPLATE

Use the template below to help you organize and map out the Essentials for Therapeutics and Administration.

Safety and Contraindications:

Physiological Side Effects:

Herb-Drug Interactions:

Constitutional/Energetic Aggravations:

Constituent Profile

Constituent Categories and Specific Compounds	Associated Actions, Affinities, Tastes, or Energetics	Any Known Mechanisms of Action or Pharmacokinetics

Preparations and Dosage

- Tea: Infusion or Decoction?
 - Amount herb: Amount water:
 - Instructions/Dosage:

- Tincture: Fresh or Dried?
 - Strength Ratio (g:ml)
 - Percentage Alcohol:
 - Dose/Frequency:

- Other Preparations:

Formulation Strategies

List out any single herbs that would pair well with the herb, noting any particular specificities of that pair (synergies, energetics, affinities, actions etc.). Under percentage/ratio note how much of the herbs you'd use, in the order respective to the herbs listed in column 1.

Herbal Pair or Triplet	Percentage/Ratio	Unique Synergies

Esoteric Significance

Here determine what the most predominant archetypal forces are that the plant corresponds to based on the principles of medical astrology and alchemy. Rather than just listing them, it's good to really think it through and explain the pattern of correspondence.

Ruling Planet:

Ruling Element:

Ruling Principle: